



## READY RESPECTFUL ENGAGED

Friday, 27th September 2024

Dear Parents and Carers,

Ravensdale Infant and Nursery School will be joining thousands of schools across the UK in taking part in Hello Yellow in support of YoungMinds on **Thursday 10<sup>th</sup> October** (World Mental Health Day). We'll be holding a non-school uniform event and asking everyone to wear something yellow. This could be as small as a hair clip!

There are days when all of us struggle with how we are feeling. Things can get tough, and it can be difficult knowing how to cope. For so many young people, when this happens, they don't always get the help they need, when they need it. They don't know where to turn, who to talk to, or even if anyone else feels the same.

No young person should feel alone with their mental health. But together, we can change this.

To take part, children can wear yellow to school, and we'd like to ask parents and carers to consider donating to help YoungMinds to keep fighting for young people's mental health.

Our suggested donation is £1 which can be donated via ParentPay.

Finally, YoungMinds have resources for parents and carers to find help and advice, if you're ever concerned about a child or young person- you can find this on their website: [www.youngminds.org.uk/parent](http://www.youngminds.org.uk/parent).

If you have any questions, please let us know.

Kind regards,

***Mrs T Morris***  
***Designated Safeguarding Lead***  
***Pastoral, Attendance and First Aid Lead***

*Ravensdale Infant and Nursery School*  
*Devonshire Drive, Mickleover, Derby, DE3 9HE*  
*Tel: 01332 513862*  
*Email: [t.morris@ravensdalei.derby.sch.uk](mailto:t.morris@ravensdalei.derby.sch.uk)*  
*Website: [www.ravensdalei.derby.sch.uk](http://www.ravensdalei.derby.sch.uk)*

